

# Garfield County School District

## Planned Menu Spreadsheet

### Weighted Values - Detailed

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Apr 1, 2021 thru Apr 30, 2021

SECONDARY HOT BREAKFAST

007 - BRYCE VALLEY HIGH SCHOOL

Generated on: 3/16/2021 3:37:17 PM

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 04/01/2021																
SECONDARY HOT BREAK	Total	0														
FRENCH TOAST STIX W/SYRUP	SERVING	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
FRUIT, ASST	1/2 each	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
JUICE, ASSORTED,	1/2 cup	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE	8 OZ. CA	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00
MILK	RTON															
MILK 1% LOWFAT	8 OZ. CA	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	*N/A*
	RTON															
Weighted Daily Average			0	0	0	0.00	*0.00	*0.0	0	*0.00	*0	0.00	0.00	0.00	0.00	*0.00
% of Calories											*0.0%	0.0%	0.0%	0.0%	0.0%	*0.0%
Nutrient Guideline			0													<10.00

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 04/02/2021																
SECONDARY HOT BREAK	Total	0														
CEREAL-ASST	1 cup	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
CHEESE ,STRING	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
APPLES,Fresh	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ORANGES	1 EACH	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
YOGURT, ASST.	4OZ.	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
POP TART, FROSTED CINNAM	1 EACH	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00
ON																
GRANOLA BAR	1 EACH	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MUFFIN	2 OZ	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
NOTABLES, ASST	1 EACH	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
JUICE, ASSORTED,	1/2 cup	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE	8 OZ. CA	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00
MILK	RTON															
MILK 1% LOWFAT	8 OZ. CA	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	*N/A*
	RTON															
Weighted Daily Average			0	0	0	0.00	*0.00	*0.0	0	*0.00	*0	0.00	0.00	0.00	0.00	*0.00
% of Calories											*0.0%	0.0%	0.0%	0.0%	0.0%	*0.0%
Nutrient Guideline			0													<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Garfield County School District

## Planned Menu Spreadsheet

### Weighted Values - Detailed

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Apr 1, 2021 thru Apr 30, 2021

SECONDARY HOT BREAKFAST

007 - BRYCE VALLEY HIGH SCHOOL

Generated on: 3/16/2021 3:37:17 PM

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	
Mon - 04/12/2021																	
SECONDARY HOT BREAK	Total	0															
BELGIAN WAFFLE	3.17 OZ.	0	0	0	0	0.00	0.00	0.0	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00	
SYRUP,PANCAKE: PPI'S	PACKET	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00	
FRUIT VARIETY ELEM.	1/2 CUP	0	0	0	0	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00	
JUICE, ASSORTED,	1/2 cup	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00	
MILK CHOCOLATE FAT FREE MILK	8 OZ. CA RTON	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00	
MILK 1% LOWFAT	8 OZ. CA RTON	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	*N/A*	
Weighted Daily Average % of Calories			0	0	0	0.00	*0.00	*0.0	*0	*0.00	*0	0.00	0.00	0.00	0.00	0.00	*0.00
Nutrient Guideline			0								*0.0%	0.0%	0.0%	0.0%	0.0%	<10.00	

Tue - 04/13/2021																	
SECONDARY HOT BREAK	Total	0															
APPLE CINNAMON TEXAS TOAST	SLICE	0	0	*N/A*	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	*N/A*	
FRUIT, ASST	1 EACH	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00	
JUICE, ASSORTED,	1/2 cup	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00	
MILK CHOCOLATE FAT FREE MILK	8 OZ. CA RTON	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00	
MILK 1% LOWFAT	8 OZ. CA RTON	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	*N/A*	
Weighted Daily Average % of Calories			0	*0	0	0.00	*0.00	*0.0	0	*0.00	*0	0.00	0.00	0.00	0.00	0.00	*0.00
Nutrient Guideline			0								*0.0%	0.0%	0.0%	0.0%	0.0%	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Garfield County School District

Planned Menu Spreadsheet

Weighted Values - Detailed

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Apr 1, 2021 thru Apr 30, 2021

SECONDARY HOT BREAKFAST

007 - BRYCE VALLEY HIGH SCHOOL

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 04/14/2021																
SECONDARY HOT BREAK	Total	0														
MAPLE BITES	4 EACH	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
YOGURT, ASST.	4OZ.	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
FRUIT, ASST	1/2 each	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
JUICE, ASSORTED,	1/2 cup	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE MILK	8 OZ. CA RTON	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00
MILK 1% LOWFAT	8 OZ. CA RTON	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	*N/A*
Weighted Daily Average % of Calories			0	0	0	0.00	*0.00	*0.0	0	*0.00	*0	0.00	0.00	0.00	0.00	*0.00
Nutrient Guideline			0								*0.0%	0.0%	0.0%	0.0%	0.0%	<10.00

Thu - 04/15/2021																
SECONDARY HOT BREAK	Total	0														
PIZZA BAGEL	1 EACH	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
FRUIT, ASST	1/2 each	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
JUICE, ASSORTED,	1/2 cup	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE MILK	8 OZ. CA RTON	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00
MILK, 1% LOWFAT	HALF PINT	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	*0.00	*0.0	0	*0.00	*0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			0								*0.0%	0.0%	0.0%	0.0%	0.0%	<10.00

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**Garfield County School District**

Planned Menu Spreadsheet

Weighted Values - Detailed

**Apr 1, 2021 thru Apr 30, 2021**

**SECONDARY HOT BREAKFAST**

**007 - BRYCE VALLEY HIGH SCHOOL**

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	
Fri - 04/16/2021																	
SECONDARY HOT BREAK	Total	0															
CEREAL-ASST	1 cup	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00	
CHEESE ,STRING	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00	
APPLES,Fresh	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00	
ORANGES	1 EACH	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00	
YOGURT, ASST.	4OZ.	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00	
POP TART, FROSTED CINNAMON	1 EACH	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00	
GRANOLA BAR	1 EACH	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00	
MUFFIN	2 OZ	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00	
NOTABLES, ASST	1 EACH	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00	
JUICE, ASSORTED,	1/2 cup	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00	
MILK CHOCOLATE FAT FREE MILK	8 OZ. CARTON	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00	
MILK 1% LOWFAT	8 OZ. CARTON	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	*N/A*	
Weighted Daily Average % of Calories			0	0	0	0.00	*0.00	*0.0	0	*0.00	*0	0.00	0.00	0.00	0.00	0.00	*0.00
Nutrient Guideline			0														<10.00

Mon - 04/19/2021																	
SECONDARY HOT BREAK	Total	0															
PANCAKES	1 EACH	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00	
SYRUP,PANCAKE: PPI'S	PACKET	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00	
FRUIT, ASST	1/2 each	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00	
JUICE, ASSORTED,	1/2 cup	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00	
MILK CHOCOLATE FAT FREE MILK	8 OZ. CARTON	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00	
MILK, 1% LOWFAT	HALF PINT	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00	
Weighted Daily Average % of Calories			0	0	0	0.00	*0.00	*0.0	0	*0.00	*0	0.00	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			0														<10.00

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007 - BRYCE VALLEY HIGH SCHOOL

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	
Tue - 04/20/2021																	
SECONDARY HOT BREAK	Total	0															
FRENCH TOAST STIX W/SYRUP	SERVING	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00	
SYRUP,PANCAKE: PPI'S	PACKET	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00	
FRUIT, ASST	1/2 each	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00	
JUICE, ASSORTED,	1/2 cup	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00	
MILK CHOCOLATE FAT FREE MILK	8 OZ. CA RTON	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00	
MILK 1% LOWFAT	8 OZ. CA RTON	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	*N/A*	
Weighted Daily Average % of Calories			0	0	0	0.00	*0.00	*0.0	0	*0.00	*0	0.00	0.00	0.00	0.00	0.00	*0.00
Nutrient Guideline			0								*0.0%	0.0%	0.0%	0.0%	0.0%	<10.00	

Wed - 04/21/2021																	
SECONDARY HOT BREAK	Total	0															
BELGIAN WAFFLE	3.17 OZ.	0	0	0	0	0.00	0.00	0.0	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00	
SYRUP,PANCAKE: PPI'S	PACKET	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00	
FRUIT VARIETY ELEM.	1/2 CUP	0	0	0	0	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00	
JUICE, ASSORTED,	1/2 cup	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00	
MILK CHOCOLATE FAT FREE MILK	8 OZ. CA RTON	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00	
MILK 1% LOWFAT	8 OZ. CA RTON	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	*N/A*	
Weighted Daily Average % of Calories			0	0	0	0.00	*0.00	*0.0	*0	*0.00	*0	0.00	0.00	0.00	0.00	0.00	*0.00
Nutrient Guideline			0								*0.0%	0.0%	0.0%	0.0%	0.0%	<10.00	

Thu - 04/22/2021																
SECONDARY HOT BREAK	Total	0														
PANCAKE ON A STICK, Blueberry	1 EACH	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
FRUIT, ASST	1/2 each	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
JUICE, ASSORTED,	1/2 cup	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE MILK	8 OZ. CA RTON	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00
MILK 1% LOWFAT	HALF PINT	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00

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**Garfield County School District**

Planned Menu Spreadsheet

Weighted Values - Detailed

**Apr 1, 2021 thru Apr 30, 2021**

**SECONDARY HOT BREAKFAST**

**007 - BRYCE VALLEY HIGH SCHOOL**

Generated on: 3/16/2021 3:37:17 PM

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			0	0	0	0.00	*0.00	*0.0	0	*0.00	*0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			0													<10.00

Fri - 04/23/2021																
SECONDARY HOT BREAK	Total	0														
CEREAL-ASST	1 cup	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
CHEESE ,STRING	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
APPLES,Fresh	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ORANGES	1 EACH	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
YOGURT, ASST.	4OZ.	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
POP TART, FROSTED CINNAMON	1 EACH	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00
GRANOLA BAR	1 EACH	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MUFFIN	2 OZ	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
NOTABLES, ASST	1 EACH	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
JUICE, ASSORTED,	1/2 cup	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE MILK	8 OZ. CA RTON	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00
MILK 1% LOWFAT	8 OZ. CA RTON	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	*N/A*
Weighted Daily Average % of Calories			0	0	0	0.00	*0.00	*0.0	0	*0.00	*0	0.00	0.00	0.00	0.00	*0.00
Nutrient Guideline			0													<10.00

Mon - 04/26/2021																
SECONDARY HOT BREAK	Total	0														
PANCAKE ON A STICK, Blueberry	1 EACH	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
FRUIT, ASST	1/2 each	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
JUICE, ASSORTED,	1/2 cup	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE MILK	8 OZ. CA RTON	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00
MILK, 1% LOWFAT	HALF PINT	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00

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# Garfield County School District

Planned Menu Spreadsheet

Weighted Values - Detailed

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Apr 1, 2021 thru Apr 30, 2021

SECONDARY HOT BREAKFAST

007 - BRYCE VALLEY HIGH SCHOOL

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			0	0	0	0.00	*0.00	*0.0	0	*0.00	*0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			0								*0.0%	0.0%	0.0%	0.0%	0.0%	<10.00

Tue - 04/27/2021																
SECONDARY HOT BREAK	Total	0														
PIZZA BAGEL	1 EACH	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
FRUIT, ASST	1/2 each	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
JUICE, ASSORTED,	1/2 cup	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE MILK	8 OZ. CA RTON	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00
MILK, 1% LOWFAT	HALF PINT	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	*0.00	*0.0	0	*0.00	*0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			0								*0.0%	0.0%	0.0%	0.0%	0.0%	<10.00

Wed - 04/28/2021																
SECONDARY HOT BREAK	Total	0														
BREAKFAST SANDWICH	1 EACH	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
YOGURT, ASST.	4OZ.	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
FRUIT, ASST	1/2 each	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
JUICE, ASSORTED,	1/2 cup	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE MILK	8 OZ. CA RTON	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00
MILK, 1% LOWFAT	HALF PINT	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	*0.00	*0.0	0	*0.00	*0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			0								*0.0%	0.0%	0.0%	0.0%	0.0%	<10.00

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**Garfield County School District**

**Apr 1, 2021 thru Apr 30, 2021**

Planned Menu Spreadsheet

**SECONDARY HOT BREAKFAST**

Weighted Values - Detailed

**007 - BRYCE VALLEY HIGH SCHOOL**

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 04/29/2021																
SECONDARY HOT BREAK	Total	0														
MAPLE BITES	4 EACH	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
YOGURT, ASST.	4OZ.	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
FRUIT, ASST	1/2 each	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
JUICE, ASSORTED,	1/2 cup	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE MILK	8 OZ. CA RTON	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00
MILK 1% LOWFAT	8 OZ. CA RTON	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	*N/A*
Weighted Daily Average % of Calories			0	0	0	0.00	*0.00	*0.0	0	*0.00	*0	0.00	0.00	0.00	0.00	*0.00
Nutrient Guideline			0								*0.0%	0.0%	0.0%	0.0%	0.0%	<10.00

Fri - 04/30/2021																
SECONDARY HOT BREAK	Total	0														
CEREAL-ASST	1 cup	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
CHEESE ,STRING	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
APPLES,Fresh	1 each	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ORANGES	1 EACH	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
YOGURT, ASST.	4OZ.	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
POP TART, FROSTED CINNAMON	1 EACH	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00
GRANOLA BAR	1 EACH	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MUFFIN	2 OZ	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
NOTABLES, ASST	1 EACH	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
JUICE, ASSORTED,	1/2 cup	0	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE MILK	8 OZ. CA RTON	0	0	0	0	0.00	*N/A*	*N/A*	0	*N/A*	0	0.0	0.0	0.0	0.00	0.00
MILK 1% LOWFAT	8 OZ. CA RTON	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	*N/A*
Weighted Daily Average % of Calories			0	0	0	0.00	*0.00	*0.0	0	*0.00	*0	0.00	0.00	0.00	0.00	*0.00
Nutrient Guideline			0								*0.0%	0.0%	0.0%	0.0%	0.0%	<10.00

Weighted Average			0	*0	0	0.00	*0.00	*0.0	*0	*0.00	*0	0.00	0.00	0.00	0.00	*0.00
											*0.0%	0.0%	0.0%	0.0%	0.0%	*0.0%

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# Garfield County School District

Planned Menu Spreadsheet

Weighted Values - Detailed

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Apr 1, 2021 thru Apr 30, 2021

SECONDARY HOT BREAKFAST

007 - BRYCE VALLEY HIGH SCHOOL

Generated on: 3/16/2021 3:37:17 PM

Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	0		0					
Cholesterol (mg)	0				Missing			
Sodium 1 (mg)	0							
Sodium 2 (mg)	0							
Fiber (g)	0.00							
Iron (mg)	0.00				Missing			
Calcium (mg)	0.0				Missing			
Vitamin A (IU)	0				Missing			
Sugars (g)	0				Missing			
Vitamin C (mg)	0.00				Missing			
Protein (g)	0.00							
Carbohydrate (g)	0.00							
Total Fat (g)	0.00							
Saturated Fat (g)	0.00		<10.00%					
Trans Fat <sup>1</sup> (g)	0.00				Missing			

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